

## Negotiation Document - Shortened Version

\* For experience, write YES or NO next to indicate if you have ever DONE that activity. Mark N/A if it does not apply to your gender.

\* For willingness, indicate for each item how you feel about DOING that activity by rating it on a scale of NO or 0 to 5.

“?” means you don't understand what the item is attempting to describe.

NO means you will NOT do that item under any circumstances (a hard limit).

0 (zero) indicates you have utterly no desire to do that activity

1 means you don't want to do or like to do this activity, but wouldn't object if it was asked of you.

2 means you are willing to do this activity (or would like to try), but it has no special appeal for you.

3 means you usually like doing this activity (or would like to try it), at least on an irregular/ occasional basis.

4 means you like doing this activity (or would like to try), and would like to experience it on a regular basis.

5 means the activity is a wild turn-on for you, and you would like (or would like to try) it as often as possible.

Targets: Note any areas of their body the Dominant should concentrate on or avoid, either for medical reasons or personal preference.

	Experience Y/N	Willingness NO or 0-5	Notes & Nuances
Age play (fantasy child/ baby)			
Anal play, toys, plugs etc			
Animal roles (dog/ pony play etc.)			
Beating, caning, paddles, whipping			
Blindfolds			
Being serviced (sexual)			
Being Bitten or Scratched			
Boot/ shoe/ high heel worship			
Bondage (leather, rope, chains)			
Breast sucking/ worship			
Breast/ Chest whipping			
Breath control			
Bruises/ marks			
Candle wax			
Cages/ Cells (being locked in)			
CBT - Cock and Ball Torture			
Chastity devices			
Chores (domestic service)			
Clothes pegs			
Collaring			
Corsets			
Cross-dressing			
Dildos, Sex Toys, Vibrators			
Dirty talk (crude/ obscenities)			
Electrical play TENS/ Violet Wand			
Enemas			
Erotic dance/ Striptease			
Exercise (forced/required)			
Exhibitionism			
Eye contact restrictions			
Face slapping			
Fantasy abandonment			
Fantasy rape			
Fear (being scared)			
Fisting			
Following orders			
Food play (cucumbers, sorbet...)			
Foot worship (giving)			
Forced masturbation			
Forced nudity			
Forced servitude			
Gags			
Genital sex			
Genital worship/ Oral Sex			
Golden showers			
Hair pulling/ plucking/ shaving			
Having food chosen for you			
Having clothing chosen for you			
High heel wearing			

Hoods			
Humiliation			
Hand Cuffs / Thumb Cuffs (metal)			
Ice cubes			
Immobilisation/ mummification			
Infantilism (treated as baby)			
Interrogations			
Kidnapping (fantasy)			
Kneeling			
Lectures for misbehaviour			
Lingerie (wearing)			
Masturbation (giving)			
Massage (giving)			
Medical scenes			
Modelling for photos/ video			
Name change (for scene)			
Nettles			
Nipple play/ torture			
Over-the-knee spanking			
Orgasm control			
Outdoor scenes/ Sex			
Pain			
Penis restraint			
Persona training (in scene)			
Phone sex			
Piercing			
Prison scenes			
Prostitution (public pretence)			
Punishment Scene			
Pussy/cock whipping			
Rituals, Religious scenes			
Rubber/latex clothing			
Saran wrapping (clingfilm)			
Sensory deprivation			
Skinny-dipping			
Slutty clothing			
Spanking			
Speech restrictions (when, what)			
Speculums			
Spiked Rollers			
Spitting			
Standing in corner			
Stocks			
Straight jackets			
Strap-on-dildos			
Suspension			
Swapping (with other couples)			
Teasing			
Tickling			
Trampling			
Triple penetration			
Uniforms			
Verbal humiliation			
Voyeurism			
Water torture			
Wearing symbolic jewellery			
Wrestling			