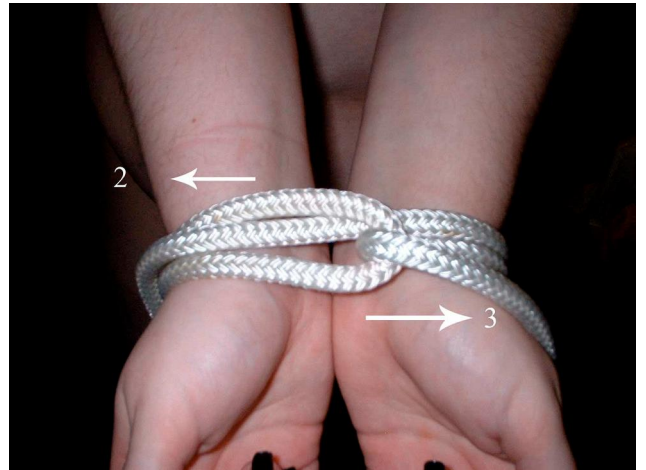


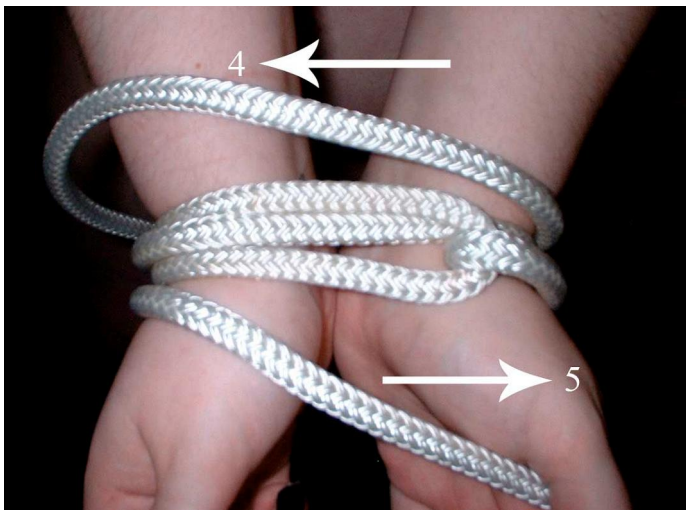
Split Larks Head Cuff



1 - Start with Larks Head Knot around both wrists



2 + 3 Wrap the tails in opposite directions around the wrists



4 + 5 Continue to wrap the tails around the wrists in opposite directions.



6 Bring the tails together and tie off.