Tortoiseshell Harness (Un-knotted version)



1 - Start with Larks Head Knot loosely around body



2 - Bring tails around to the front of the body



3 - Cross left tail under right central rope and vice versa





4 - Repeat process at back of harness



5 - Repeat cross loops down body, front and back

3 - Loop tail upwards over central rope, then down and under itself